



BASIC ORTHOPAEDIC PROCEDURAL SKILLS COURSE

Provisional Programme

Time	Session
08:30 – 08:45	Registration
08:45 – 09:00	Introduction
09:00 – 10:00	Session 1: Plastering-below elbow
10:00 – 11:10	Session 2: Plastering-below knee
11:10 – 11:30	Refreshment Break
11:30 – 12:20	Session 3: Skin suturing
12:20 – 13:05	Session 4: Joint Aspiration
13.20 – 14.00	Lunch
14:00 – 15:00	Session 6: Local Anaesthetics and Digital Nerve Block Administration
15:00 – 15:15	Refreshments
15:15 – 16:30	Session 7: Fracture management & spinal injuries
16:30 – 17:00	Closing remarks, questions, feedback