



## Principles of Casting for Orthopaedic Trainees

### Provisional Programme

0830 – 08:45	Registration
<b>08:45 – 09:20</b>	<b>Introduction</b> <b>Casting Principles and Complications</b>
09:20 – 10:00	Below Elbow Back Slab Workshop
10:00 – 10:40	Below Elbow Volar Slab Workshop
<b>11:00 – 11:20</b>	<b>Refreshment Break</b>
11:20 – 12:00	Moulded Below Elbow/Colles Cast Workshop
12:00 – 12:40	Above Elbow Back Slab Workshop
<b>12:40 – 13:20</b>	<b>Lunch</b>
13:20 – 14:00	Below Knee Back Slab Workshop
14:00 – 14:40	Below Knee Moulded Cast Workshop
<b>14:40 – 15:00</b>	<b>Refreshment Break</b>
15:00 – 15:40	Equinus Anterior Slab Workshop
15:40 – 16:20	Above Knee Back Slab Workshop
16:20 – 16:40	Cast Removal Demonstration
<b>16:40 – 17:00</b>	<b>Course Recap/Questions/Feedback</b>