



President's Conference – Confronting Obesity: Challenges, Prevention and Treatment

Programme, Thursday 14 November 2024

09.00 – 09.30	Registration and refreshments
09.30 – 09.40	Welcome and opening remarks Mr Mike McKirdy, President, Royal College of Physicians and Surgeons of Glasgow
Session 1: Setting the Scene Chair: Professor Dame Anna Dominiczak	
09.40 - 10.00	Prevalence – across time and countries (<i>format tbc</i>) Johanna Ralston, World Obesity Federation, London
10.00 - 10.20	Is it Genetics or Environment? (<i>remote</i>) Professor Giles Yeo MBE, Professor of Molecular Neuroendocrinology, University of Cambridge
10.20 - 10.40	The economics of the issue – health and economic cost Adam Bradshaw, Senior Policy Advisor, Health Policy, Tony Blair Institute
10.40 - 11.00	Panel discussion
11.00 - 11.30	Refreshment break
Session 2: Treatment and Prevention Chair: Andrew Fraser	
11.30 - 11.50	Innovative approaches to obesity prevention around the world Frances Bain, Lead for Healthy Life Mission, NESTA
11.50 - 12.10	Lifestyle – title tbc Laurie Eyles, Professional Advisor, Framework for the Prevention, Early Detection and Early Intervention of Type 2 Diabetes, Scottish Government
12.10 - 12.30	Drugs: Wegovy and Weight Loss Drugs – are they the answer? (<i>remote</i>) Professor Naveed Sattar, Professor of Cardiometabolic Medicine and Honorary Consultant, University of Glasgow
12.30 - 12.50	Bariatric Surgery – title tbc Mr Simon Dexter, Consultant in General, Upper Gastro-intestinal and Bariatric Surgery
12.50 - 13.15	Panel discussion
13.15 - 14.15	Lunch



Session 3: Clinical Consequences Chair: Raneer Thakar	
14.15 – 14.25	Impact of obesity on Obstetrics and Gynaecology (remote) Mr Hassan Shehata, Senior Vice President, Royal College of Obstetricians and Gynaecologists
14.25 -14.35	Impact of obesity on the use of anaesthesia (remote) Dr Helgi Johannsson, Vice President of the Royal College of Anaesthetists
14.35 - 14.45	Impact of obesity on paediatrics and child health (remote) Dr Dita Aswani, Consultant Paediatrician, Sheffield Children’s NHS Foundation Trust
14.45 - 14.55	Impact of obesity on mental health (remote) Professor Fiona Gaughran, Professor of Physical Health and Clinical Therapeutics King’s College London
14.55 - 15.10	Tackling Stigma and communicating with patients Dr Stuart Flint, University of Leeds
15.10 – 15.20	The Voice of Lived Experience European Coalition for People Living with Obesity
15.20 – 15.50	Refreshment break
Session 4: The Future Chair: Professor Hany Eteiba	
15.50 – 16.10	Aligning with inequalities and climate sustainability. A vision for a better future, tackling multiple challenges Professor Emilie Combet Aspray, Professor of Human Nutrition, University of Glasgow
16.10 - 16.30	Our food system has to change Anna Taylor, Executive Director, The Food Foundation
16.30 - 16.50	The Future of Treatment Professor Dame Anna Dominiczak, Chief Scientist (Health), Scottish Government
16.50 – 17.10	Panel discussion
17.10 – 17.15	Close and thank you Mr Mike McKirdy, President, Royal College of Physicians and Surgeons of Glasgow