



Essential Surgical Skills Course – Programme

Time	Session	
08:15-08:30	Registration	
08:30-10.00	Knot Tying – Reef / Surgeon’s knots / Instrument tying. Tying at depth.	
10.00 – 11.30	Tissue Handling 1 Suture Techniques Interrupted and subcuticular	
11:30-11:45	<i>Tea/Coffee Break</i>	
11:45-13.15	Tissue Handling 2 Bowel Anastomosis Interrupted suturing	
13.15 – 14.00	<i>Lunch</i>	
14.00 – 15.30	Laparoscopic Training – Group 1	Tissue Handling 3 – Vascular Anastomosis – Group 2
15.30 – 15.45	<i>Tea/Coffee Break</i>	
15.45 – 17.00	Laparoscopic Training – Group 2	Tissue Handling 3 – Vascular Anastomosis – Group 1
16:45-17:00	Discussion & Feedback	